

Sociology: 4 Year Plan Worksheet

Bulletin Year: 2025-2026

Consult your advisor regarding proper course sequencing and course selection for the major.

Suggested sequence, but students often take courses in a modified order.

All students must complete six flags to graduate. Each student is responsible for ensuring she/he fulfills all graduation requirements.

First Year

First Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL 1000: Principles of Sociology	4	✓		
FFYS 1000: First Year Seminar <i>FFYS Core</i>	3-4		✓	
PHIL 1800: Philosophical Inquiry <i>FPHI Core</i>	4		✓	
Studies in American Diversity <i>FDIV Core</i>	3-4		✓	
Total Units	14-16			

Second Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
RHET 1000: Rhetorical Arts <i>FRTA Core</i>	4		✓	
THST 1XXX: Theological Inquiry <i>FTHI Core</i>	4		✓	
Historical Analysis and Perspectives <i>EHAP Core</i>	4		✓	
Lower-Division Elective	4			✓
Total Units	16			

Second Year

First Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL 2000: Qualitative Research Methods	4	✓		
Lower-Division Elective	4			✓
Creative Experience <i>ECRE Core</i>	3-4		✓	
Lower-Division Elective	4			✓
Total Units	15-16			

Second Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL 2100: Statistics <i>FQTR Core</i>	4	✓	✓	
Nature of Science, Technology, and Math <i>ESTM Core</i>	3		✓	
Lower-Division Elective	4			✓
Lower-Division Elective	4			✓
Total Units	15			

Third Year

First Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL 3000: Sociological Theory	4	✓		
SOCL Upper-Division Elective	4	✓		
SOCL Upper-Division Elective	4	✓		
CORE: Upper Division <i>LELM Flag</i>	4		✓	
Total Units	16			

Second Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL Upper-Division Elective	4	✓		
SOCL Upper-Division Elective	4	✓		
Ethics and Justice <i>IEJT Core</i>	3-4		✓	
Upper-Division Elective	4			✓
Total Units	15-16			

Fourth Year

First Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL Upper-Division Elective	4	✓		
Faith and Reason <i>IFTR Core</i>	4		✓	
Upper-Division Elective	4			✓
Upper-Division Elective	4			✓
Total Units	16			

Second Semester		Requirement Met		
Course Name	Units	Major	Core	Elective
SOCL 4900: Sociology Seminar	4	✓		
Interdisciplinary Connections <i>IINC Core</i>	4		✓	
Upper-Division Elective	4			✓
Upper-Division Elective	4			✓
Total Units	16			

Total Units: 124 min.

Notes:

[1] A minimum grade of C is required in lower division courses in the major.

[2] A maximum of 40 upper division units in any one department (including SOCL) will be accepted toward overall degree requirements.

[3] An average grade of C (2.0) is required in upper division courses included in the major.

[4] At least two 3000 or 4000-level SOCL courses must be completed in the senior year.

[5] 30 of the last 36 units must be completed at LMU.

[6] Units for required major course(s) that also meet the core will be counted towards the major. This does not take into consideration a major elective course(s) that may meet both a major and core requirement(s). If two required areas are met by one course, the outstanding units must be met in the Elective units total.